



INTEROPA

HANDMADE PREMIUM MOMENTS

EST 1974

ROOTS OF IRELAND: Myth, Memory and Living Heritage

5 DAYS | 4 NIGHTS

DUBLIN • WICKLOW • KILKENNY • CLIFFS OF MOHER • GALWAY • CONNEMARA

Ancient monastic traditions.

Enduring Atlantic landscapes.

Living heritage shaped by story and place.

This programme is a curated journey through Ireland's cultural and historic landscapes, from Dublin's intellectual and political heritage to the monastic valleys of Wicklow and the Atlantic traditions of the west. Experience immersive heritage sites, refined regional dining and iconic coastal scenery, woven into a narrative of myth, memory and identity.

An Interopa Curated Journey

||| I N T E R O P A

The Programme at a Glance

A curated heritage journey through Ireland's historic heartlands, linking monastic landscapes, medieval cities and Atlantic coastlines. Designed for seamless operations, balanced pacing and a clear narrative of culture, tradition and place.

Programme Overview

Duration

5 Days | 4 Nights

Routing

Dublin | Wicklow | Kilkenny | Cliffs of Moher | Galway | Connemara | Clonmacnoise

Programme Classification

Cultural heritage journey with premium touring comfort

Perfect for

Adult travellers | Cultural travellers | Escorted series | Educational enrichment |
Heritage-focused programmes

Designed for structured cultural touring, combining Ireland's historic sites, monastic heritage and Atlantic landscapes within a cohesive and immersive journey.



Day by Day Programme

DAY 1

Arrival in Dublin – Stories of a Nation

On arrival at Dublin Airport, a private transfer brings guests into the historic city centre. The programme begins with timed-entry admission to Trinity College Dublin's Book of Kells Exhibition, including the Long Room Library. Lunch is reserved at The Woollen Mills Dining Room overlooking the River Liffey. In the afternoon, enjoy admission to EPIC The Irish Emigration Museum, presenting Ireland's global cultural influence through immersive exhibitions. An optional visit to Dublin Castle State Apartments may be included subject to arrival time. Dinner is arranged at Chapter One Restaurant. Overnight Dublin.

DAY 2

Monastic Ireland – Glendalough & Kilkenny

Depart Dublin travelling south into the Wicklow Mountains (approx. 1.5 hours). The morning is centred on admission to the Glendalough Visitor Centre, interpreting the early medieval monastic settlement founded by St Kevin, with time to appreciate the surrounding valley landscape. Continue to Kilkenny where the afternoon includes timed-entry admission to Kilkenny Castle, exploring its restored interiors and landscaped parklands. Lunch is reserved at Campagne Restaurant, one of Ireland's leading regional dining venues. Dinner is arranged at Lady Helen Restaurant at Mount Juliet Estate. Overnight Kilkenny.



Day by Day Programme

DAY 3

Atlantic Traditions – The Burren & Cliffs of Moher

Travel west toward Ireland's Atlantic coast through the landscapes of County Clare (approx. 2.5 hours). The morning is centred on admission to the Cliffs of Moher Visitor Experience, where dramatic coastal views extend along the Wild Atlantic Way. Lunch is reserved at The Falls Hotel Restaurant in Ennistymon, highlighting regional produce. In the afternoon, continue the journey north toward Galway, allowing for a smooth transition into Atlantic Ireland. Dinner is arranged at Aniar Restaurant, known for contemporary interpretations of local ingredients. Overnight Galway.

DAY 4

Connemara & Atlantic Heritage

Travel west into the landscapes of Connemara, celebrated for its mountains, lakes, and coastal traditions. The morning includes timed-entry admission to Kylemore Abbey and Victorian Walled Gardens, a lakeside estate steeped in history. Lunch is reserved at Mitchell's Restaurant in Clifden overlooking the harbour. In the afternoon enjoy admission to the Connemara Heritage & History Centre, presenting the language, folklore, and rural traditions of Ireland's west coast. Return to Galway where dinner is arranged at Ard Bia at Nimmos, overlooking the Spanish Arch and Galway Bay. Overnight Galway.



Day by Day Programme

DAY 5

Return to Dublin – Departure

Depart Galway travelling east across Ireland toward Dublin Airport (approx. 2.5 hours). The morning includes admission to Clonmacnoise Monastic Site, one of Ireland's most important early Christian settlements, with preserved high crosses and round towers set along the River Shannon. Lunch is reserved at The Green Barn Restaurant in County Kildare, timed to align with onward travel. Following lunch, continue directly to Dublin Airport via private transfer, ensuring a smooth and timely arrival for departure formalities.



Inclusions & Operational Notes

Programme Highlights

- Dublin's cultural heritage, including Trinity College and EPIC Museum
- Glendalough monastic settlement and Wicklow landscapes
- Kilkenny Castle and Medieval Mile heritage experience
- Cliffs of Moher and Burren Atlantic landscapes
- Connemara landscapes and Kylemore Abbey estate
- Clonmacnoise monastic site and Irish early Christian heritage

Journey Concepts

- East to west progression linking heritage and Atlantic landscapes
- Combination of mythology, history and living cultural traditions
- Seamless routing with minimal backtracking
- Immersive experiences across monastic, rural and coastal Ireland
- Balanced pacing with structured daily visits
- Designed for culturally engaged travellers seeking depth and comfort

Programme Inclusions

- Four-star centrally located accommodation
- Daily breakfast throughout the programme
- Selected premium dining experiences
- Executive coach transportation throughout
- Professional English-speaking guides
- Timed entry to all listed heritage sites and attractions
- Meet and assist services on arrival and departure
- Full ground handling and operational management

Exclusions

- International flights
- Travel insurance
- Meals not specified
- Personal expenses
- Gratuities

Suggested Extensions

- Aran Islands
- Belfast
- Newgrange
- Luxury Castle Stay

Partner with Interopa

Every programme can be refined to suit your market, travel style and group profile.

Contact our team to receive detailed pricing, customisation options and departure availability.

Scan the QR code for programme specifications
or contact us directly:



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